

Please explain what it means to confess our sins to one another?

There is a great deal that can be said in answering this question, but I will limit my answer to the following.

The command to confess our sins to one another can be fulfilled in private conversation with one person, in a small group setting with others who can encourage and help hold accountable, in public prayer in concert with the whole assembly, or personally in the assembly where the whole church can pray and support. We must remember however, an "approved example" of a command being carried out a specific way does not mean no other way is acceptable. If something were done a certain way with the approval of the apostles, we are authorized to do it the same way, but in order for an example to mean "It must be done this way and no other," there must be something in the background or context to show they were required to do it that way. If they were not required to, we are not.